

## Wayne Gretzky on Lacrosse

It is interesting to note what hockey great Wayne Gretzky wrote in his National Post column in March, 2000:

"If sport has a high point of the year, it must be the first week of spring."

"...When I was growing up, I used to love this time of year. It was when I put my hockey equipment away and I was absolutely ecstatic to see the end of the hockey season. One of the worst things to happen to the game, in my opinion, has been year-round hockey and, in particular, summer hockey. "All it does for kids, as far as I can tell, is keep them out of sports they should be doing in warmer weather. I could hardly wait to get my lacrosse stick out and start throwing the ball around. It didn't matter how cold or rainy it would be, we'd be out



firing the ball against walls and working on our moves as we played the lacrosse equivalent to road hockey." "All the good hockey players seemed to play lacrosse in those days and everyone of them learned something from the game to carry over to the other - things athletes can only learn by mixing up games they play when they are young."

### Wayne Gretzky

Legend

Managing Partner, Arizona Sting

National Lacrosse League